

Spheres of Influence: Meditations of Light

I would like to share a passage of Sri Aurobindo concerning God and symbols. It is the spirit in which I would like to offer this visual work.

“God is That which is the All and yet exceeds and transcends the All; there is nothing in existence which is not God, but God is neither the sum of existence nor anything in that sum, except symbolically, in image to His own consciousness. In other words, everything that exists, separately, is a particular symbol and the whole sum of existence is a general symbol which tries to translate the untranslatable existence, God, into the terms of world-consciousness. It is intended to try, it is not intended to succeed; for the moment it succeeds, it ceases to be itself and becomes that untranslatable something from which it started, God. No symbol is intended to express God perfectly, not even the highest; but it is the privilege of the highest symbols to lose in Him their separate definiteness, cease to be symbols and become in consciousness that which is symbolised. Humanity is such a symbol or eidolon of God; we are made, to use the Biblical phrase, in His image; and by that is meant not a formal image, but the image of His being and personality; we are of the essence of His divinity and of the quality of His divinity; we are formed in the mould and bear the stamp of a divine being and a divine knowledge.” (Essays Divine and Human)

Psychic Being

“A second approach made by the soul to the direct contact is through the heart: this is its own more close and rapid way because its occult seat is there, just behind in the heart-centre, in close contact with the emotional being in us; it is consequently through the emotions that it can act best at the beginning with its native power, with its living force of concrete experience. It is through a love and adoration of the All-Beautiful and All-Blissful, the All-Good, the True, the spiritual Reality of love, that the approach is made; the aesthetic and emotional parts join together to offer the soul, the life, the whole nature to that which they worship. This approach through adoration can get its full power and impetus only when the mind goes beyond impersonality to the awareness of a supreme Personal Being: then all becomes intense, vivid, concrete; the heart’s emotion, feeling, spiritualised sense reach their absolute; an entire self-giving becomes possible, imperative.”
(The Life Divine)



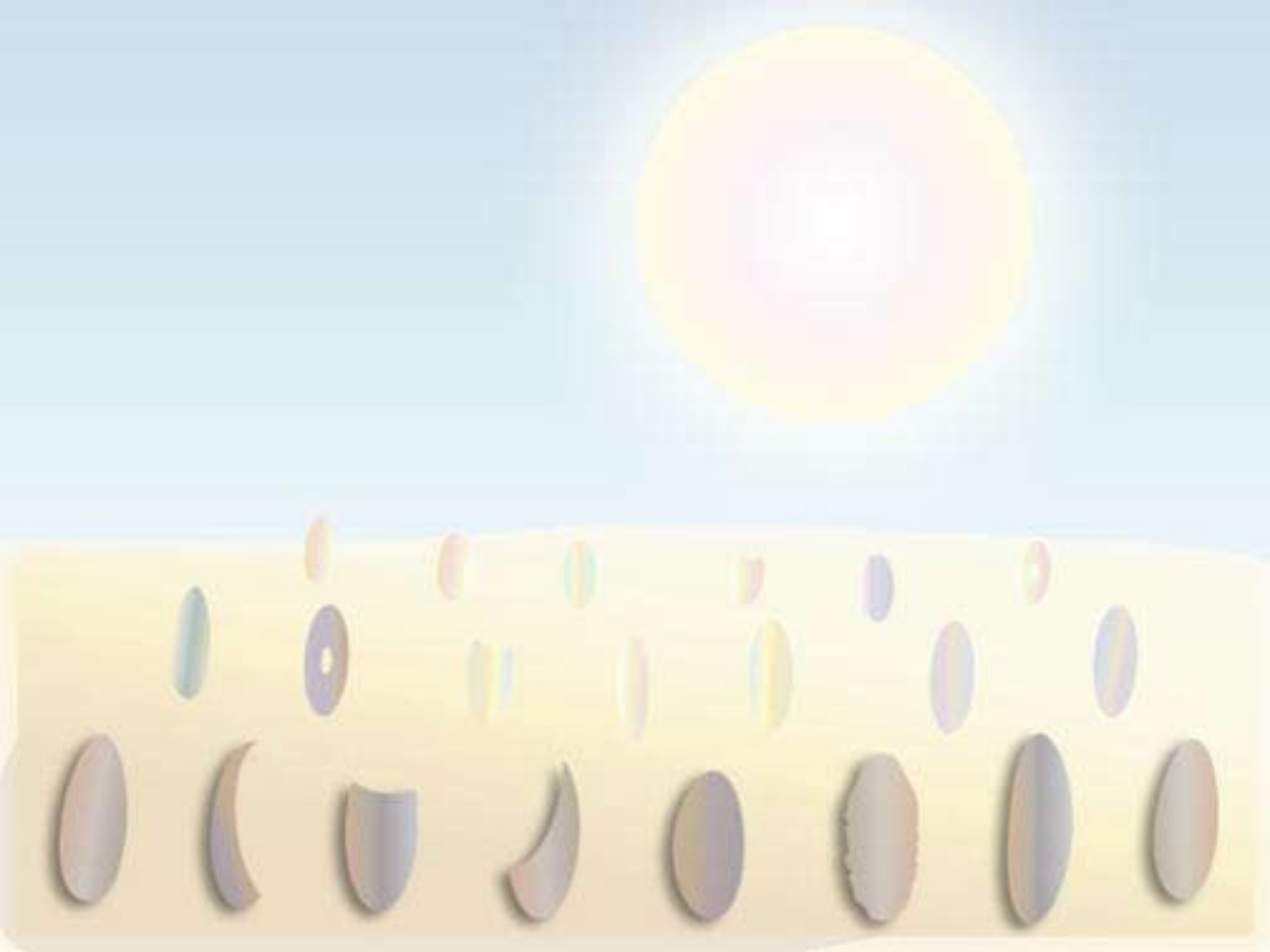






Soul Mirror

“There is but one remedy: that signpost must always be there, a (psychic) mirror well placed in one’s feelings, impulses, all one’s sensations. One sees them in this mirror. There are some which are not very beautiful or pleasant to look at; there are others which are beautiful, pleasant and must be kept. This one does a hundred times a day if necessary. And it is very interesting...If there is something that is not all right, it casts a sort of grey shadow upon the mirror: this element must be shifted, organized. It must be spoken to, made to understand, one must come out of that darkness.” _The Mother
(Psychic Education a workbook)





Mother's Experience

“There was no longer any body, no longer any sensation; only a column of light was there, rising from where the base of the body normally is to where usually is the head, to form there a disk of light like that of the moon; then from there the column continued to rise very far above the head, opening out into an immense sun, dazzling and multicoloured, whence a rain of golden light fell covering all the earth.

Then slowly the column of light came down again forming an oval of living light, awakening and setting into movement — each one in a special way, according to a particular vibratory mode — the centres above the head, in the head, the throat, the heart, in the middle of the stomach, at the base of the spine and still farther down. At the level of the knees, the ascending and descending currents joined and the circulation thus went on uninterruptedly, enveloping the whole being in an immense oval of light.

Then slowly the consciousness came down again, stage by stage, halting in each world, until the body consciousness returned. The recovery of the body consciousness was, if the memory is correct, the ninth stage. At that moment the body was still quite stiff and immobile.”

Prayers and Meditations_The Mother







Spirit and Matter

“Out of the Inconscient, Matter has been organized by the urge of the involved Consciousness-Force and under the pressure of the subtler forces of the physical plane. It has gradually developed into the physical cosmos as we know it. Matter, again by the working of the secret Consciousness-Force and that of the forces of the vital planes above, has produced Life and living physical beings: plants and animals. In the animal, once more by a double action, the forces of the mental plane have successfully fashioned an instrument permitting them to come in contact with Matter and organize it: Mind is born in the physical world and, with it Man, the self-conscious thinking animal. The next step of the ascent of the embodied consciousness will be taken under the pressure of the forces from the supramental plane: Supermind will emerge in the earthly manifestation.

...As Sri Aurobindo uses the terms, evolution is not exactly the reverse of involution. Evolution is not a withdrawing, a subtilization, plane after plane, leading to a reabsorption into the One Unmanifest. It takes place in Matter itself: it is a gradual emergence of higher powers of consciousness, leading to an ever greater manifestation of the divine Consciousness-Force in the material universe. This is the secret significance of the terrestrial evolution.” Future Evolution of Man



